



STATE LEVEL WEBINAR

on

“Importance of Acquiring Immunity through Physical Exercise to combat Pandemic like Covid-19”

Organized by
Department of Physical Education, Plassey College, Mira Bazar, Plassey, Dist: Nadia (W.B)
In Association with IQAC, Plassey College

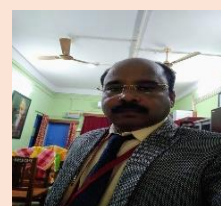
Date: 5th August, 2020, Time: 4.00 p.m – 5.30 p.m.



Patron

Mr Nasiruddin Ahmed

G.B. President, Plassey College



Chairman, Webinar

Dr. Basant Kumar Pradhan

Principal, Plassey College



Convenor, Webinar

Md. Nasiruddin Pandit

HOD, Dept. of Physical Education,

Plassey College



Organizing Secretary, Webinar

Anirban Chatterjee

HOD, Dept. of Political Science

Plassey College

Key note address:

Dr. Pintu Sil, WBES Officer-in-Charge, State Institute of Physical Education for Women, Hastings House, Kolkata. Area of specialisation: Exercise physiology, Exercise, Health and Fitness



RESOURCE PERSONS



Dr. Mahesh Sawata Khetmalis

Associate Professor

**Department of Physical Education
and Sports Science, Visva-Bharati
Santiniketan and former CACPE,
Savitribai Phule Pune University.**

Registration Link: <https://forms.gle/ThEq4HV2M2jFu3k18>

Google Meet Link: meet.google.com/abr-dikf-oww

Youtube Link : <https://youtu.be/Qw5hbim5iOc>

Telegram Link : https://t.me/joinchat/OJ_RjBeHeWFFuH0f6Q4tew

Important Details:

- 1. 250 Participants will access Google Meet while others can access Youtube Live.**
- # Active participants will receive e-certificate.**
- 2. Participants using Youtube Live link are required to mention their full name, designation and institutional affiliation in live chat box**
- 3. Last Date of Registration : 04-08-2020**
- 4. Email : principal@plasseycollege.ac.in**
- 5. Webinar Platform " Google Meet and Youtube Live**



Dr. Subhabrata Kar

Assistant Professor and HOD

**Department of Physical Education
UCT College, Berhampore, MSD**

PROGRAM SCHEDULE (5TH August, 2020)

- 4.00 p.m. - 4.05 p.m. – Inaugural Speech by Md. Nasiruddin Pandit, HOD, Dept. of Physical Education, Plassey College.
- 4.05 p.m. - 4.10 p.m. – Welcome Address by Dr Basant Kumar Pradhan, Principal, Plassey College.
- 4.10 p.m. – 4.30 p.m. – Key Note Address by Dr. Pintu Sil, WBES Officer-in-Charge, State Institute of Physical Education for Women, Hastings House, Kolkata.

TECHNICAL SESSION

- 4.30 p.m. – 4.55 p.m. - Dr. Mahesh Sawata Khetmalis, Associate Professor, Department of Physical Education and Sports Science, Visva-Bharati, Santiniketan.
- 4.55 p.m. – 5.15 p.m. - Dr. Subhabrata Kar, Assistant Professor and HOD, Department of Physical Education, UCT College, Berhampore, MSD.

5.15 p.m. – 5.25 p.m. – Question & Answer Session

- 5.25 p.m. -5.30 – Vote of Thanks by Dr. Abu Siddik, IQAC Coordinator, Plassey College.